# Applying Principles for the Ecological Restoration of Aquatic Resources to Legacy Sediment in Pennsylvania Watersheds



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#### **Presentation Outline**

- Legacy Sediment
- Restoration Definitions
- Restoration Principles (USEPA, 2000)
- Hypothesis Testing, Monitoring & Outcomes
- Cost-Effectiveness

# **Legacy Sediment**



Walter and Merritts, 2008

### **Breached Dams In Pennsylvania – Targeting Legacy Sediment**



Source: PA Dam Inventory 1913-2023

# What is Aquatic Resource Restoration?

### Definitions

#### **National Research Council, 1992 - Adopted by USEPA for wetlands**

Restoration of Aquatic Resources – "Return of an ecosystem to a close approximation of its condition prior to disturbance."

"The term restoration means the reestablishment of pre-disturbance aquatic functions and related physical, chemical, and biological characteristics."

#### **Federal Mitigation Rule Definition of Restoration:**

Restoration of Aquatic Resources – "The manipulation of the physical, chemical, or biological characteristics of a site with the goal of returning natural/historic functions to a former or degraded aquatic resource."

Sources: NRC, FGDC, and 2008 Mitigation Rule

### What is <u>not</u> Aquatic Resource Restoration?

**Enhancement** – means the manipulation of the physical, chemical, or biological characteristics of an aquatic resource <u>to heighten, intensify, or improve a specific</u> <u>aquatic resource function(s)</u>.

**Establishment or Creation** – means the manipulation of the physical, chemical, or biological characteristics present to develop an aquatic resource that <u>did not</u> <u>previously exist</u> at an upland site.

**Stabilization** – The proper placing, grading, constructing, reinforcing, lining, and covering of soil, rock or earth to <u>ensure their resistance to erosion, sliding or</u> <u>other movement.</u>

**Preservation** – means the removal of a threat to, or preventing the decline of, aquatic resources by an action in or near those aquatic resources.

Sources: 25 PA Code Ch. 102, NRC, FGDC, and 2008 Mitigation Rule

# **U.S. EPA's Principles for the Ecological Restoration of Aquatic Resources**

- Address ongoing causes of degradation
- Use reference information (historic/in-situ)
- Restore natural structure-(physical/geomorphology)
- Involve a multi-disciplinary team
- Restore ecological integrity (resilience)
- Restore natural function
- Develop clear, achievable, and measurable goals
- Design for self-sustainability (resilience)
- Restore native communities

- Understand the watershed potential
- Anticipate future changes
- Work within the watershed/landscape context
- Monitor and adapt where changes are necessary
- Focus on feasibility
- Preserve and protect aquatic resources that are not degraded
- Use passive restoration, when appropriate
- Use natural fixes and bioengineering, when appropriate

Source: USEPA, 2000. Principles for the Ecological Restoration of Aquatic Resources. EPA841-F-00-003. Office of Water (4501F), United States Environmental Protection Agency, Washington, DC. 4 pp.

# **Address Ongoing Causes of Degradation**

#### Address the symptoms

- Stabilize streambanks
- Establish forested riparian buffers
- Construct fish and other aquatic habitat enhancement structures

#### vs. Fix the underlying problem

Remove legacy sediment

Re-establish natural aquatic ecosystem characteristics and functions - often buried under legacy sediment



#### **Demonstrated and documented degradation**

Developing a comprehensive restoration project is reliant on evidence-based analysis of historic alterations to the entire valley - not just the stream channel.

Understanding pre-alteration aquatic ecosystem characteristics and processes are critical steps to developing comprehensive restoration projects that address degradation.

> Remove underlying problems <u>Or</u> <del>Only address the symptoms</del>



#### **Use Reference Information (historic/in-situ)**



### **Use Reference Information (historic/in-situ)**



All Dates +/- 40

#### **Restore Natural Structure**



# **Restore Natural Structure Longitudinal Disconnection**

- Down valley connection in the floodplain
- Can be above and below the surface



#### Legacy Sediment Impaired

Unimpaired

# **Horizontal Disconnection**

- Across the width of the floodplain
- Can be above and below the surface



#### Unimpaired

Impaired

## **Restore Natural Structure Vertical Disconnection**

- Connection down into the earth
- Dependent on the surface area and subsurface materials



Unimpaired

Legacy Sediment Impaired

# **Restore Natural Structure Hyporheic Zone Disconnection**

The ochanted tion between nov a cowate aland shallow groundwater (subsurface mixing zone)

- Habitat (shelter and reproduction for interstitial organisms like algae and macroinvertebrates, fish and plants)
- Biogeochemical processes (nutrient cycling)
- Regulates Water Temperature

Unimpaired

Legacy Sediment Impaired



### **Involve a Multi-disciplinary Team**



- A multidisciplinary team planned, designed, constructed and monitored the Big Spring Run restoration project located in the Lower Susquehanna drainage basin 2008-2022
- Team members included a wide range of scientific and technical disciplines
- Project sponsors included governments, academic institutions, non-profits, landowners and other private entities

#### **Cost-effectiveness**



### **Summary**

Existing characteristics and processes of Pennsylvania's aquatic resources often are defined by the human activities that occurred over the last 300 years.

- Particularly watersheds impacted by legacy sediment
- Resource recovery may be constrained by historic alterations



#### **Summary**

#### Legacy sediment removal restores natural characteristics and processes to degraded ecosystems

- Convert exporting systems to retaining systems
- Restores biogeochemical processing of nutrients and pollutants
  - Denitrification, Cation Exchange Capacity, etc.
- Promotes Carbon Storage
- Provide Flood Attenuation
- Restores Natural Habitats, Especially Wetland/Stream Complexes
- Restores Hyporheic Exchange

