Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed

Neely L. Law, Fairfax County Office of Environment & Energy Coordination Chris Ruck, Fairfax County, DPWES, Stormwater Planning, Watershed Assessment Branch





A Fairfax County, VA, publication August 1, 2022

- Overview of Chesapeake Bay Program and Stream Health
- Major Stressors Impacting Stream Health
- Modeling Recovery
- Monitoring for Recovery: Fairfax County Case Study
- Conclusions



Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed Stream Health and The Chesapeake Bay Program

CHESAPEAKE BAY PROGRAM

- A regional partnership working together to meet the goals of the Chesapeake Bay Watershed Agreement
- Agreement includes 10 goals, 31 outcomes that are managed by 6 Goal Implementation Teams and their Work Groups







Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed Stream Health and The Chesapeake Bay Program

STREAM HEALTH OUTCOME

- Continually improve stream health and function throughout the watershed. Improve health and function of 10 percent of stream miles above the 2008 baseline for the Chesapeake Bay watershed.
- Stream health measured and tracked by the "Chessie BIBI"
 - A benthic, multi-metric indicator of stream health







Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed Chesapeake Bay TMDL

- Adopted in 2010 through Executive Order 13508, the Chesapeake Bay TMDL set pollutant load reduction targets for nitrogen, phosphorus and sediment
- Stream restoration is a key management action to reduce nutrient loads in the agricultural and urban land use sectors
 - Over 950 miles (or ~ 1% of total stream miles) of stream restoration implemented or planned from 2010
 2025
 - Significant investments by Federal, State and local jurisdictions
 - Variable outcomes

The impact of stream restoration to restore stream functions and health is debated







Implement actions to remove stressors Restore process/ functional improvement



Increase stream health & function

Phase 1: Which stressors and drivers are most affecting stream health? **Phase 2:** Which of these stressors and drivers can be changed through management actions?

Phase 3: Following implementation of management efforts, how is stream health changing? How can we better characterize the response through both biological and non-biological metrics?



Walsh et al 2005

What are the Key Stressors Impacting Stream Health?





Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed Key Stressors Impacting Stream Health

- Collaboration with the USGS* and SHWG
- Meta-analysis of literature review and database of regulatory impaired streams (ATTAINS)



* Fanelli, R, M. Cashman and A. Porter. 2022. Identifying key stressors driving biological impairment in freshwater streams in the Chesapeake Bay watershed, USA. In Review.



Sources

- Urbanization, agriculture, mining, industrial point sources and wastewater
- ALL studies
 - Salinity or major ions, geomorphology and toxic contaminants
- AGRICULTURAL studies
 - Toxic contaminants, geomorphology and nutrients
- URBAN studies
 - Flow, salinity or major ions, toxic contaminants and geomorphology







What is the impact of stream restoration and the removal of stressors on stream health?

- Modeling approach to simulate stream's functional response to removal of stressor(s)
 - How do the interrelationships amongst stream functions and stressors impact the success of reach-scale restoration and its time frame?
- 5 scenarios were tested* representing different levels of stress and initial conditions

*Ibrahim, Y., B. Amir-Faryar and N. Law. 2022. Complex adaptive system approach for studying the impact of externalities on the success of restoring stream functions. J. Hydrol. Eng, 27(6):04022009





Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed Modeling Stream Restoration Outcomes (& Expectations)



N

Ibrahim, Y., B. Amir-Faryar and N. Law. 2022. Complex adaptive system approach for studying the impact of externalities on the success of restoring stream functions. J. Hydrol. Eng, 27(6):04022009



Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed Modeling Stream Restoration Outcomes (& Expectations)

Table 1. Functions and their order of interactions

Function	Agent/function							
1	General hydrodynamic balance							
2	Maintain stream evolution processes							
3	Surface water storage processes							
4	Sediment community							
5	Provide for riparian succession							
6	Energy management processes							
7	Maintain substrate and structural							
	processes							
8	Quality and quantity of sediments							
9	Biological communities and							
	processes							
10	Surface/subsurface water connections							
11	Maintain water and soil quality							
12	Maintain landscape pathways							
13	Maintain trophic structures and							
	processes							
14	Chemical processes and nutrient							
	cycles							
15	Provide necessary habitats							



Ibrahim, Y., B. Amir-Faryar and N. Law. 2022. Complex adaptive system approach for studying the impact of externalities on the success of restoring stream functions. J. Hydrol. Eng, 27(6):04022009



Function	Agent/function	k = 1	k = 2	k = 3	k = 4	<i>k</i> = 5	k = 6	<i>k</i> = 7	k = 8	k = 9	k = 10	k = 11	k = 12	k = 13	k = 14
1	General hydrodynamic balance	2	3	4	5	6	7	8	9	10	11	12	14	15	13
2	Maintain stream evolution processes	1	3	4	5	6	7	8	10	11	12	14	15	9	13
3	Surface water storage processes	1	4	6	10	11	12	14	15	2	5	7	8	9	13
4	Sediment community		5	6	7	8	9	11	15	1	13	14			-
5	Provide for riparian succession	1	2	3	4	6	12	14	15	9	13				
6	Energy management processes	1	2	3	4	5	7	8	15	<u> </u>		_			
7	Maintain substrate and structural processes	1	2	4	6	7	10	15	5	9	11	13			Τ
8	Quality and quantity of sediments	2	4	5	6	7	10	15	1	9	11	14			
9	Biological communities and processes	5	11	13	14	15	1	2	3	7	8	10	12		Ħ
10	Surface/subsurface water connections	1	5	11	15	3	9	12	13			—		s <u></u> s	
11	Maintain water and soil quality	8	9	13	14	5	_				—	—		—	—
12	Maintain landscape pathways	9	13	14	15	6	<u> </u>	0	<u></u>						
13	Maintain trophic structures and processes	9	11	14	8	3 3					21		—	S	—
14	Chemical processes and nutrient cycles	8	9	13	6	1							_		_
15	Provide necessary habitats	9	12	13						7		_	_		

Table 1. Functions and their order of interactions (from Fischenich, 2006)

Note: k = degree of connectivity among functions.



Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed Example Scenario Modeled

• Scenario 1: Strategy of focusing on lower-level functions such as the hydrodynamic function





Monitoring for Recovery: Fairfax County, VA Case Study



Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed Monitoring for Biological Recovery – Index of Biotic Integrity (Pre-Post)

45.1

		\mathbf{V}	↓	↓	I
Stream Restoration	Pre	N,pre	Post	N,post	Min,post
Bridle Path	17.6	1	30.3	6	14.5
CU9214B Big Rocky PhII	43.2	1	53.0	3	38.9
DE9244G1	30.9	3	42.6	2	35.6
DF82-0008	64.6	1	60.9	2	53.5
Flatlick Confluence	23.1	1	27.7	6	17.3
Poplar Springs	26.8	2	31.0	6	21.8
Tripps Run	18.6	1	24.7	6	17.7
Wolftrap Creek	46.3	1	35.6	6	32.1

 Flatlick Phase II
 40.8
 10
 50.4
 3





Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed Benthic Macroinvertebrate Taxa vs Stressor (% Imp Area), 59 taxa







Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed Flatlick Branch Stream Restoration (Phases 1 & 2)





- Stressors Addressed through restoration design
 - Geomorphology & (Sediment)
 - Flow regime
 - Nutrients
- Flatlick Branch
 - Phase 1 1850lf
 - Phase 2 4600lf
- Phase 1 & 2 are credited with the following reductions:
 - P 490 lbs/yr
 - N 4,387 lbs/yr
 - Sediment 95 tons/yr
- USGS gage on-site



Stressors and their impact on stream health and restoration outcomes in th<mark>e C</mark>hesapeake Bay Waterehed

Flatlick Branch - Phase 2 Stream sestora





Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed

Flatlick Branch - Phase 2 Stream Restoration - Stressors





Stressors and their impact on stream health and restoration outcomes in the Chesapeake Bay Watershed Wrap- Up and Closing Remarks

- Understanding of stream ecosystems continues to evolve
- Multiple stressors impacting stream health
- Management practices that focus on singular impairments/sources/stressor may limit holistic restoration outcomes
- Uncertainty of restoration outcomes
- Recognize that regulatory and non-regulatory drivers of stream restoration impact restoration approach
- Need for robust monitoring, particularly linked expected restoration outcomes





For additional information, please contact

Neely Law

neely.law@fairfaxcounty.gov

christopher.ruck@fairfaxcounty.gov

Chris Ruck

www.fairfaxcounty.gov/publicworks

www.fairfaxcounty.gov/environment-energy-coordination



