

Instream Structures in the Mid-Atlantic United States:

An Investigation of the Design, Project, and
Watershed Factors that Affect Structure Success

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COLLEGE OF ENGINEERING
COLLEGE OF AGRICULTURE AND LIFE SCIENCES
**BIOLOGICAL SYSTEMS
ENGINEERING**
VIRGINIA TECH.





- Motivation
- Methods
- Results
- Conclusion
- Q/A



Instream structures have been present and evolving since the inception of stream restoration



Structure failure is widely reported and there are no formal design standards.





**Goal: evaluate existing instream structures
with the aim of informing structure design**



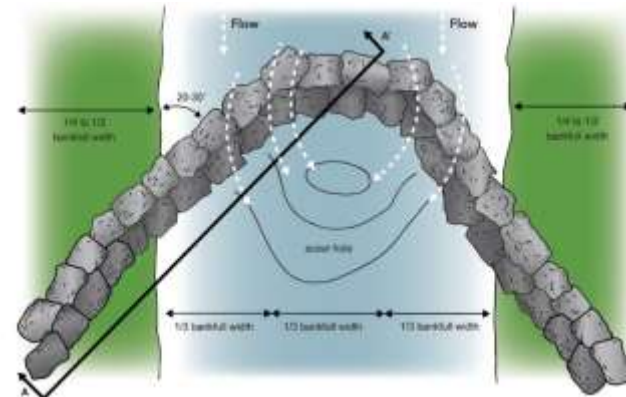
Methods



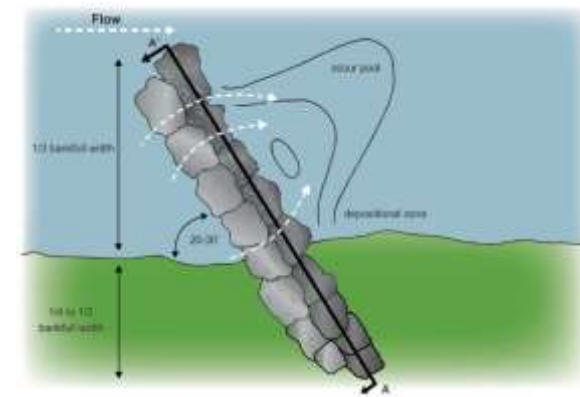
Six families of structures based on function



Bank Protection



Full Span Vanes



Partial Span Vanes



Constructed Riffles



Regenerative Stream Conveyance (RSCs)



Step Pools



Structure assessment performance in the field

An overall structure score was determined by summing all subcategory scores.

Project Name _____ Date 3/11/19

County _____ Time _____

Structure Type rock toe + soil lips

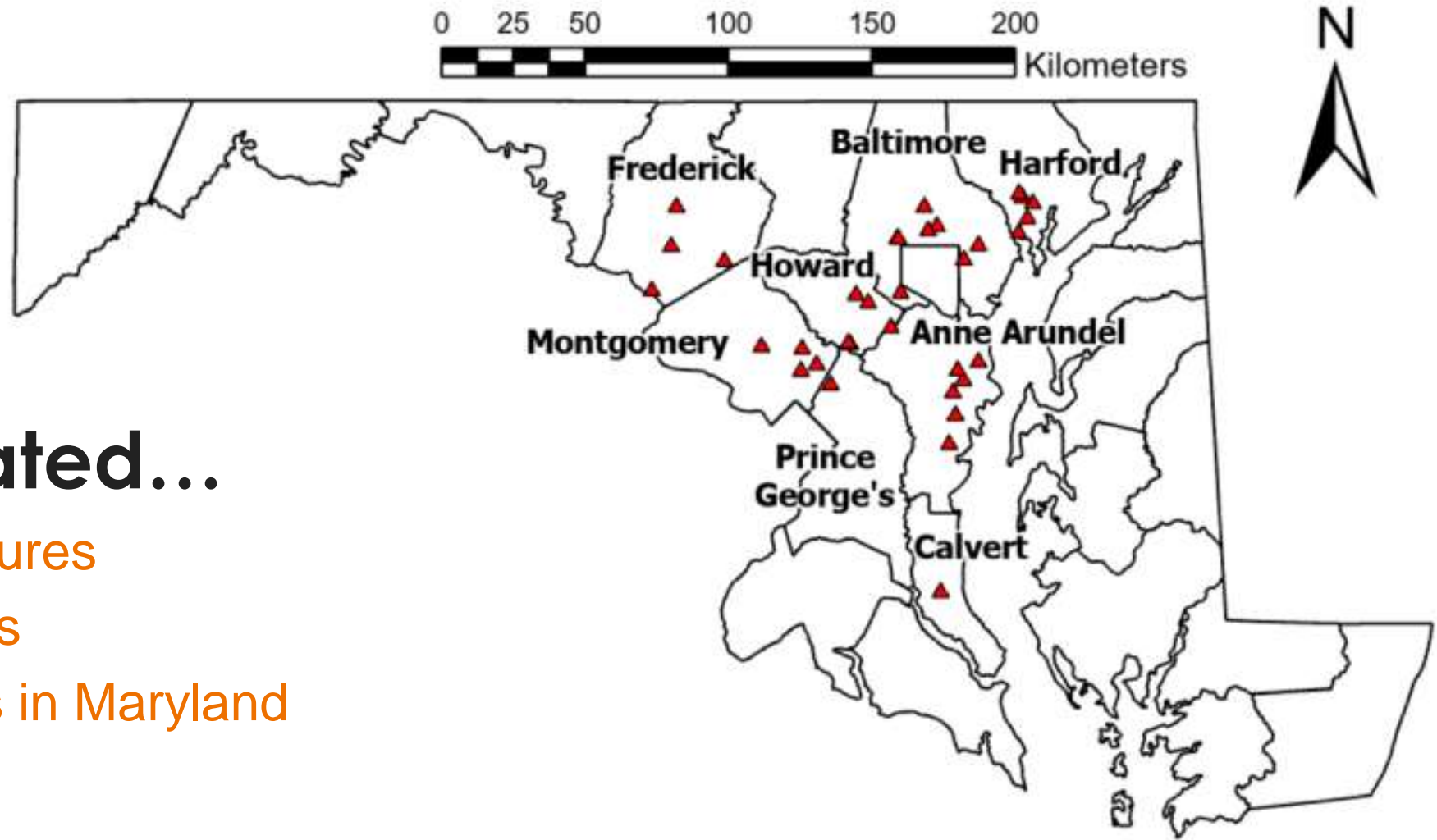
Station 8+77 - 9+72

Notes too rocks is here, some upper banks

score

		0	1	2	3
Stability	% remaining	0- 25%	25- 50%	50- 75%	75- 100%
	material movement	significant	moderate	slight	none
Sediment	unintended bank erosion/ bed scour	significant	moderate	slight	none
	unintended aggradation	significant	moderate	slight	none
		0	3	6	
Function	serving intended purpose	no	partially	yes	

Attribute	1	2	3	4
Structure				
% remaining	0-25%	25-50%	50-75%	75-100%
material movement	significant	moderate	slight	none
Sediment				
unintended bank erosion or bed scour	significant	moderate	slight	none
unintended aggradation	significant	moderate	slight	none
Function				
serving intended purpose	no	partially	yes	



Evaluated...

536 structures

39 projects

8 counties in Maryland



Field assessments

March 2019 and
January 2020



Collected variables

Watershed Scale

Flow Energy

- Watershed area
- Average watershed slope
- Land use
- BMP density
- Stream slope

Erosion Resistance

- Area-weighted soil erodibility (K)
- Length-weighted K of stream banks



Project Scale

Flow Energy

- Specific stream power
- Bankfull discharge
- Stream slope
- Floodplain width
- Sinuosity
- Bankfull channel dimensions

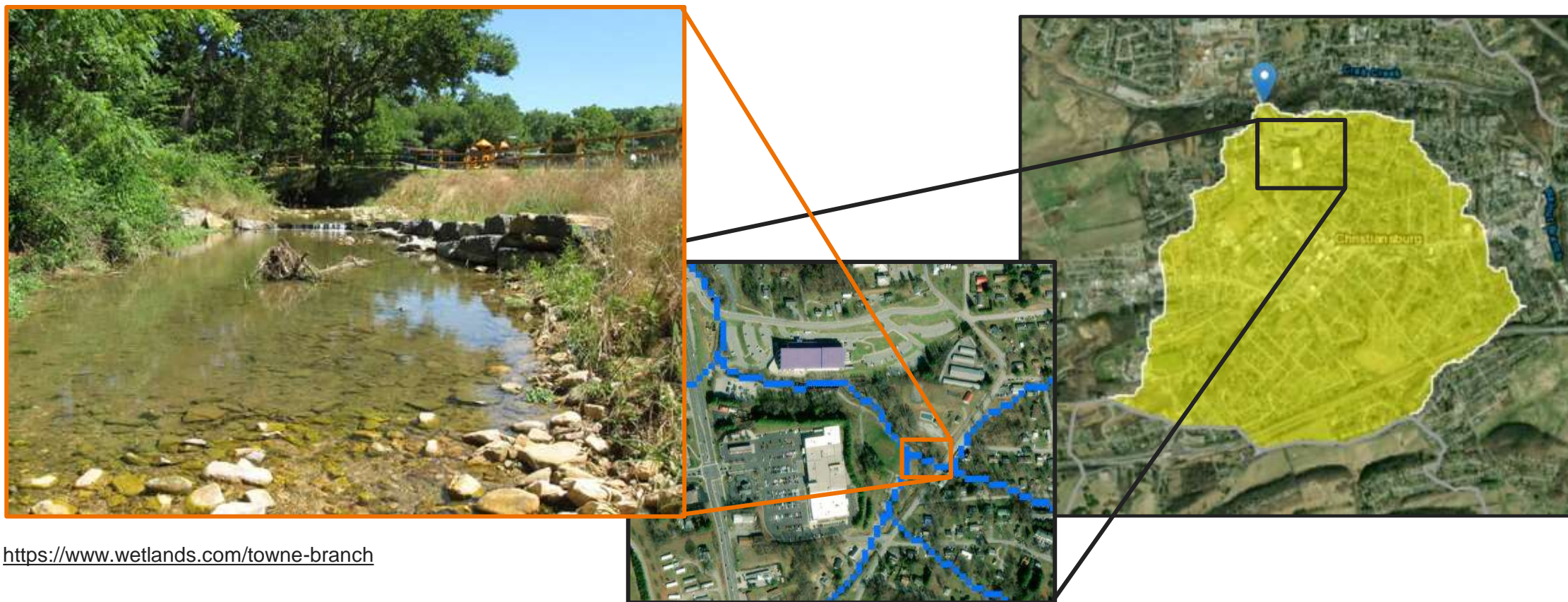
Erosion Resistance

- Bed sediment size
- Length weighted K of stream banks
- Up/downstream grade control

Design Approach

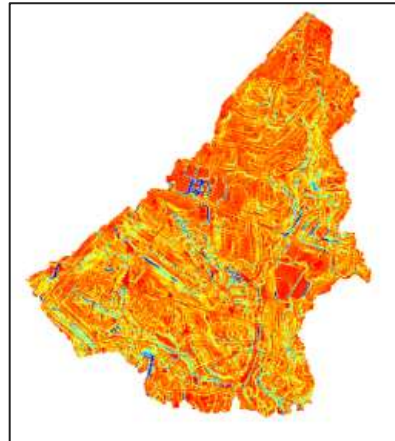
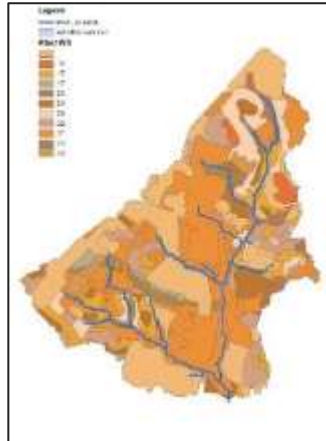
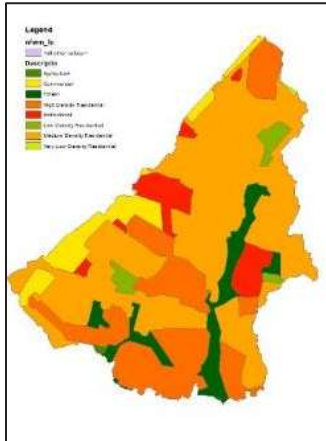
- Project age
- Project length
- Structure Density (#/1000ft)
- Rosgen channel type

Structure-scale explanatory variables related to the design and placement of structures



<https://www.wetlands.com/towne-branch>

Watershed-level data was collected using ArcGIS



Elevation data

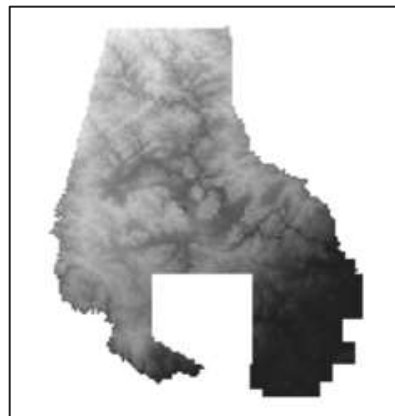
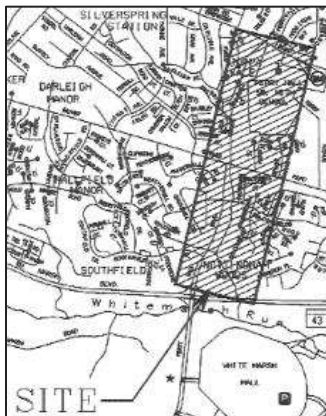
- 2m DEMs from Maryland iMAP

2010 land use data

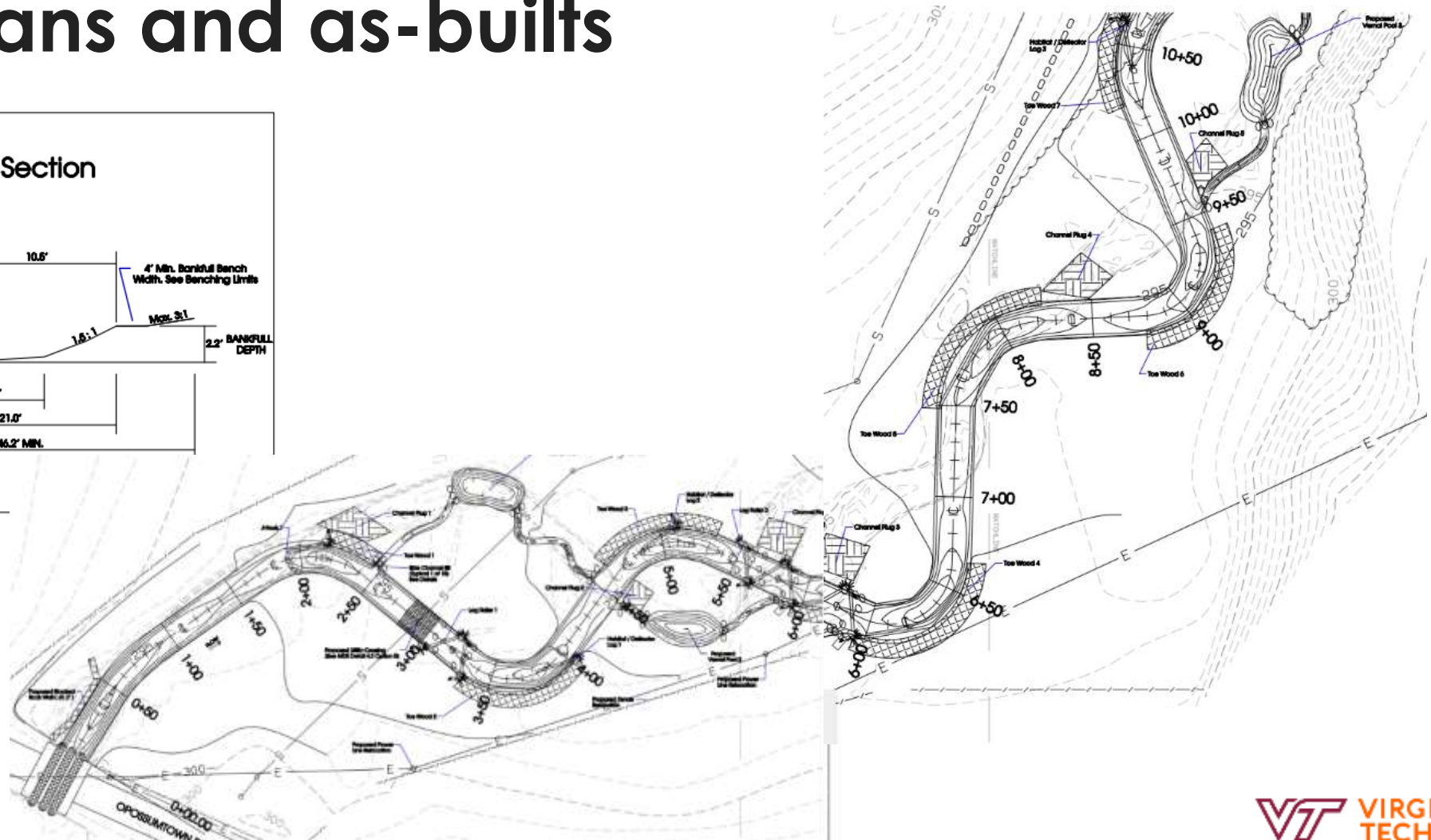
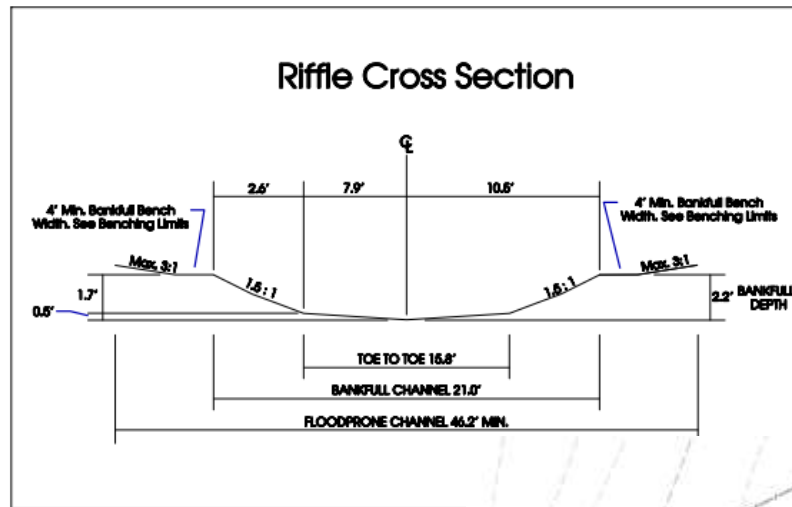
- Maryland iMAP

Soils data

- NRCS web soil survey



Project-level data was collected from project design plans and as-builts



Structures were grouped by function and material

- Bank protection (n = 147)
- Full span vanes (n = 105)
- Partial span vanes (n = 68)
- Constructed riffles (n = 102)
- RSC weirs (n = 57)
- Step pools (n = 31)
- Rock
- Log
- Combination

Design explanatory variables depended on structure family and were scaled to channel size.

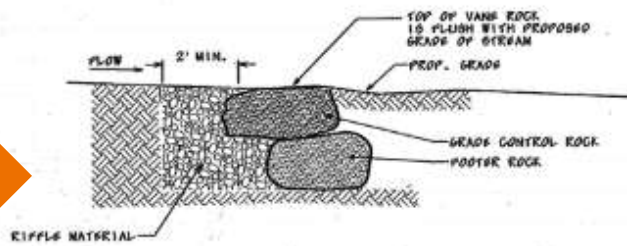




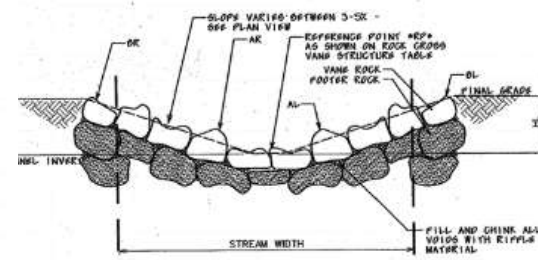
Structure-scale data was collected using a variety of data sources

ROCK CROSS VANE STRUCTURE TABLE

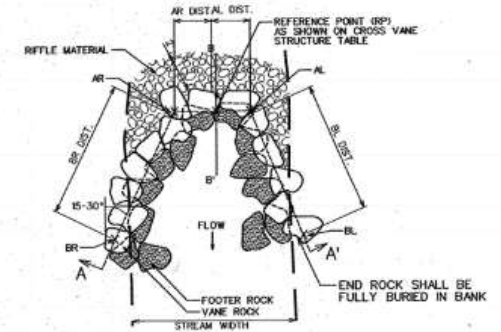
RP STATION	RP ELEVATION	AL DISTANCE	AR DISTANCE	BL DISTANCE	BR DISTANCE	HL HEIGHT	HR HEIGHT
12+10	467.5	3.3'	3.3'	26.0'	13.0'	1.3'	1.3'
14+37	462.6	3.3'	3.3'	28.0'	32.0'	1.3'	1.3'
14+90	462.0	3.3'	3.3'	31.0'	16.0'	1.3'	1.3'



ROCK CROSS VANE SECTION B-B' NOT TO SCALE

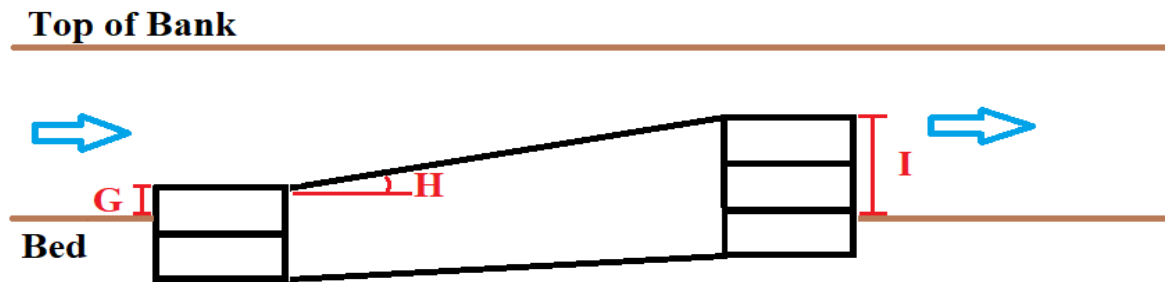


ROCK CROSS VANE SECTION A-A' NOT TO SCALE



ROCK CROSS VANE PLAN VIEW-TYPICAL NOT TO SCALE

Full span vane structure-scale variables relate to...



Type

Arm

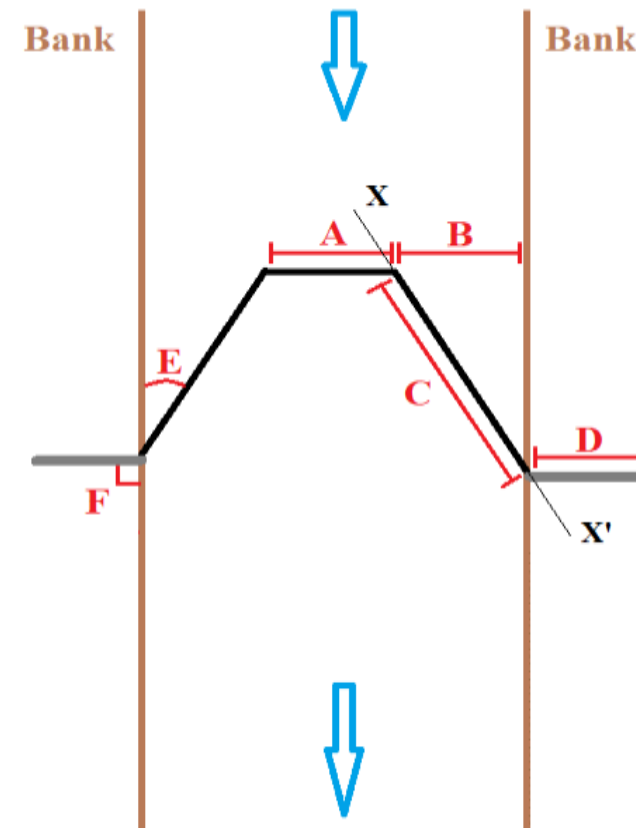
- Length (B, C)
- Bank angle (E)
- Slope (H)
- Distance in channel (I)

Sill

- Width (A)
- Protrusion (G)

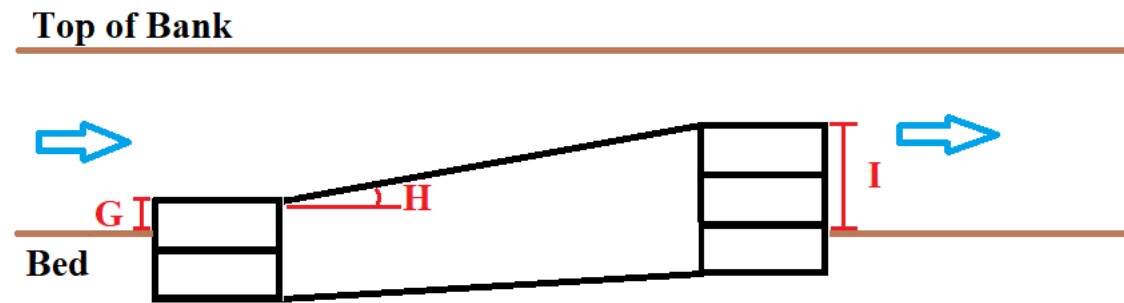
Bank Key

- Distance (D)
- Bank angle (F)



Partial span vane structure-scale variables

are almost the same as full span vanes



Type

Arm

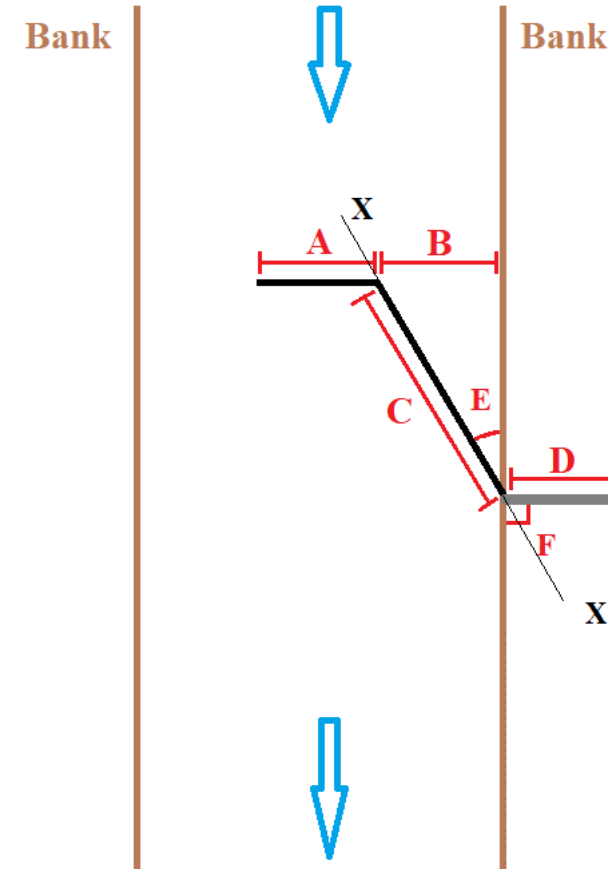
- Length (B, C)
- Bank angle (E)
- Slope (H)
- Distance in channel (I)

Sill

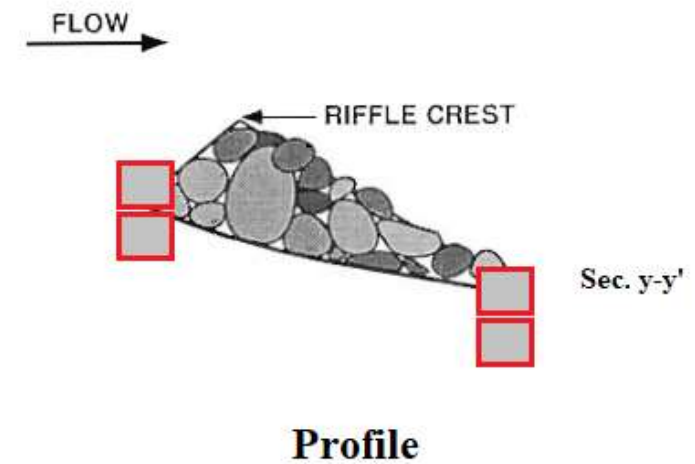
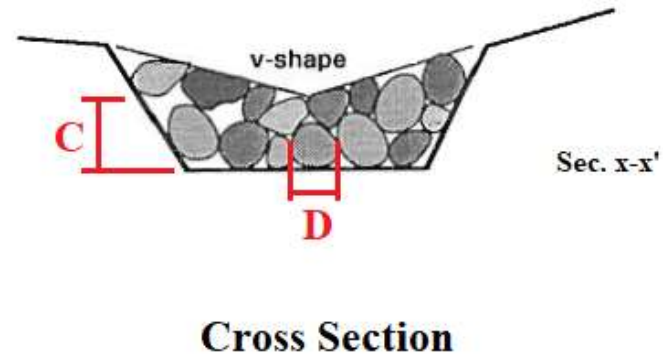
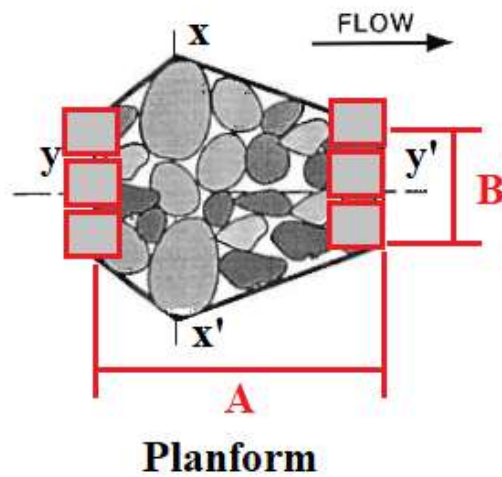
- Width (A)
- Protrusion (G)

Bank Key

- Distance (D)
- Bank angle (F)

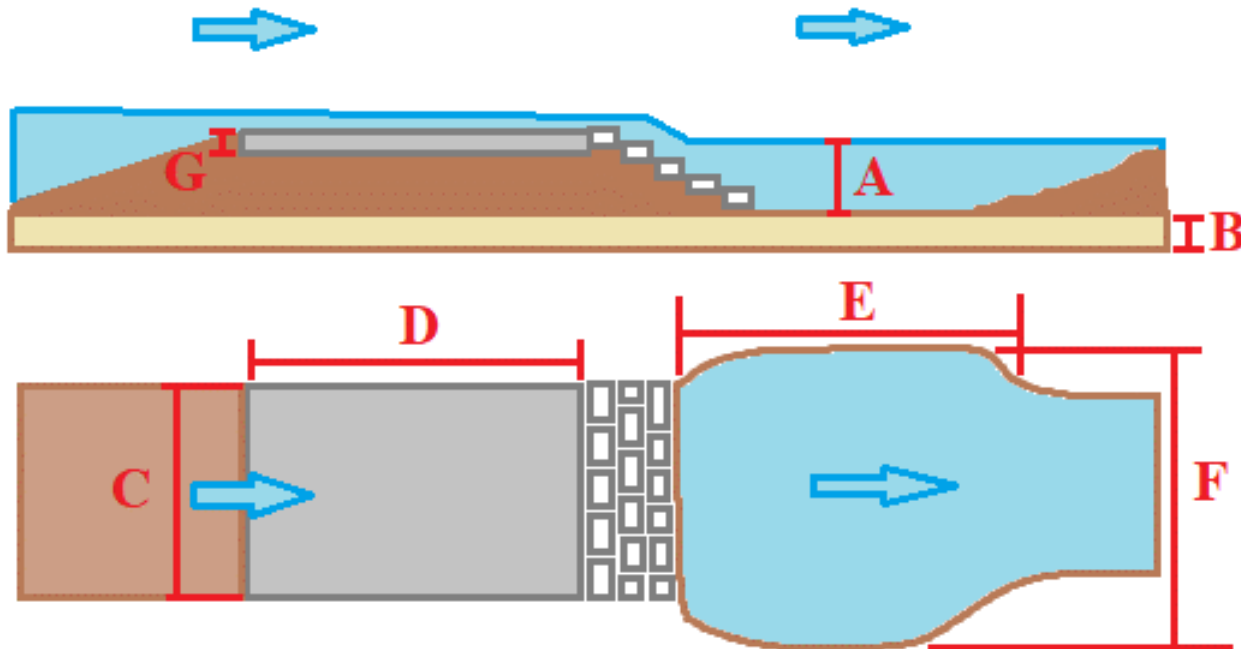


Constructed riffle structure-scale predictors relate to the dimensions and substrate



Length: width (G)
Substrate depth (C)
Substrate size (D_{50}) (D)

RSC structure-scale predictors relate to properties of the weir and pool



Weir

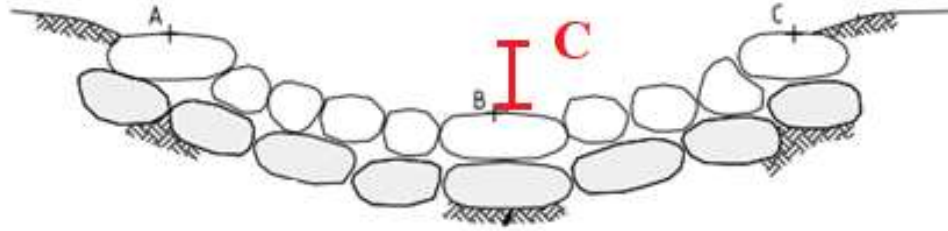
- Length: width ($D:C$)
- Slope
- Substrate size (D_{50})
- Substrate thickness (G)

Pool

- Length: width ($E:F$)
- Depth (A)
- Perimeter

Infiltration Media Thickness (B)

Step pool structure-scale variables relate to the system, sill, and pool



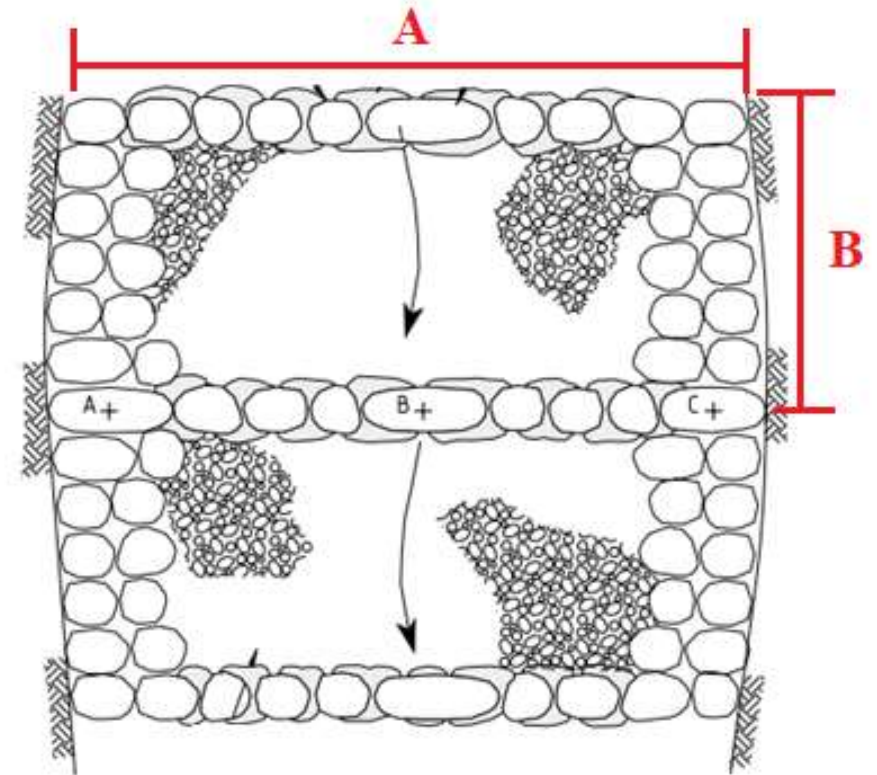
System-wide

- Number of step-pools
- Total length
- Average step-pool slope
- Ratio of mean steepness

Sill width (A)

Pool

- Depth (C)
- Length: width (B:A)
- Substrate depth
- Substrate size (D_{50})
- Perimeter



Primary statistical analyses were performed in Rstudio and Excel

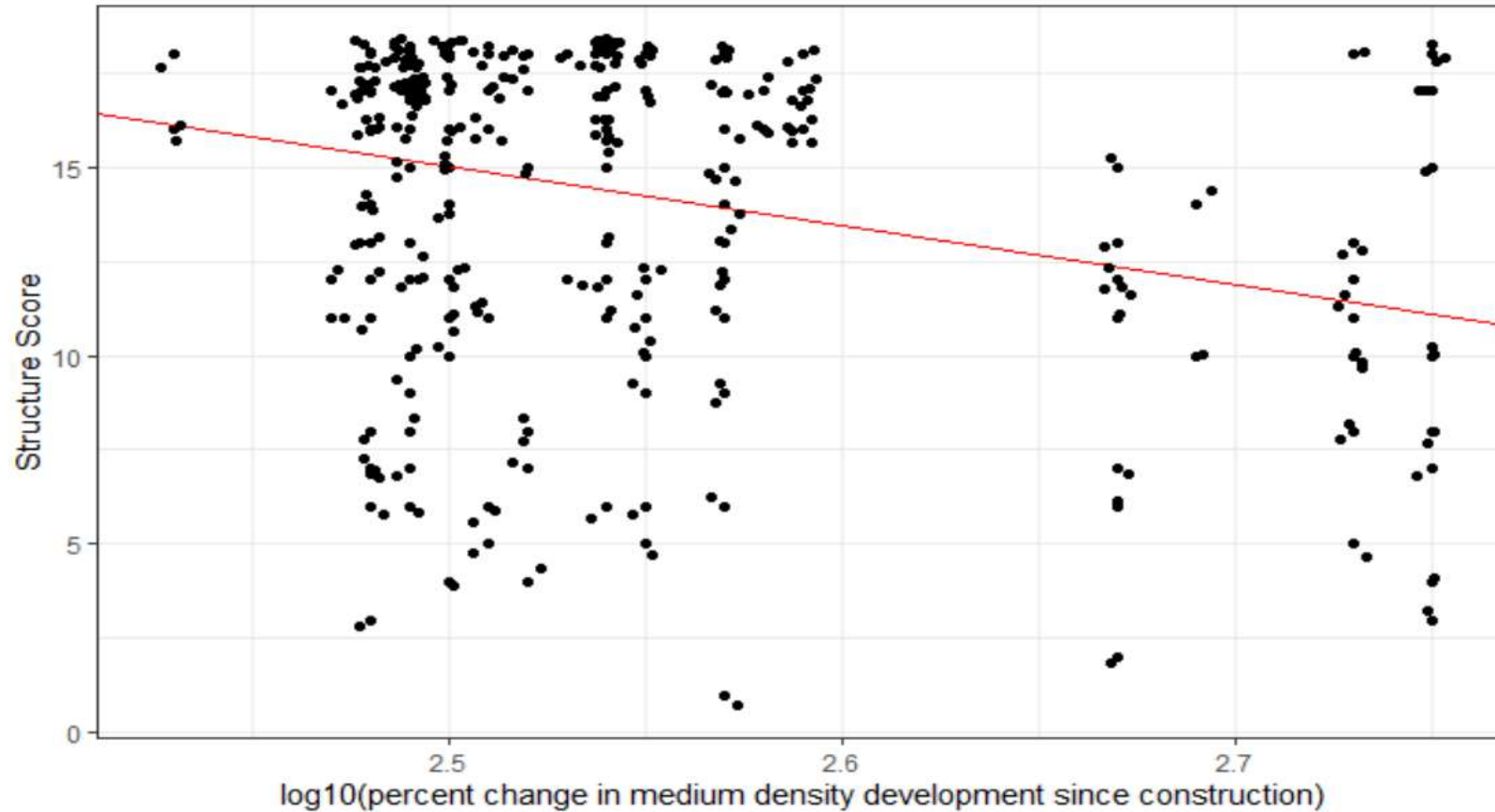
- **Structure Predictors**
 - Single and multiple linear regression
- **Watershed and Project Predictors**
 - Linear mixed-effects models
 - Dependent variable – fixed effect
 - Grouping variable – random effect - project
- **Mann-Whitney 2-sample tests**
 - Used to determine if there were significant differences between groups

		0	1	2	3
Stability	% remaining	0- 25%	25- 50%	50- 75%	75- 100%
	material movement	significant	moderate	slight	none
Sediment	unintended bank erosion/ bed scour	significant	moderate	slight	none
	unintended aggradation	significant	moderate	slight	none
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Function	serving intended purpose	no	partially	yes	



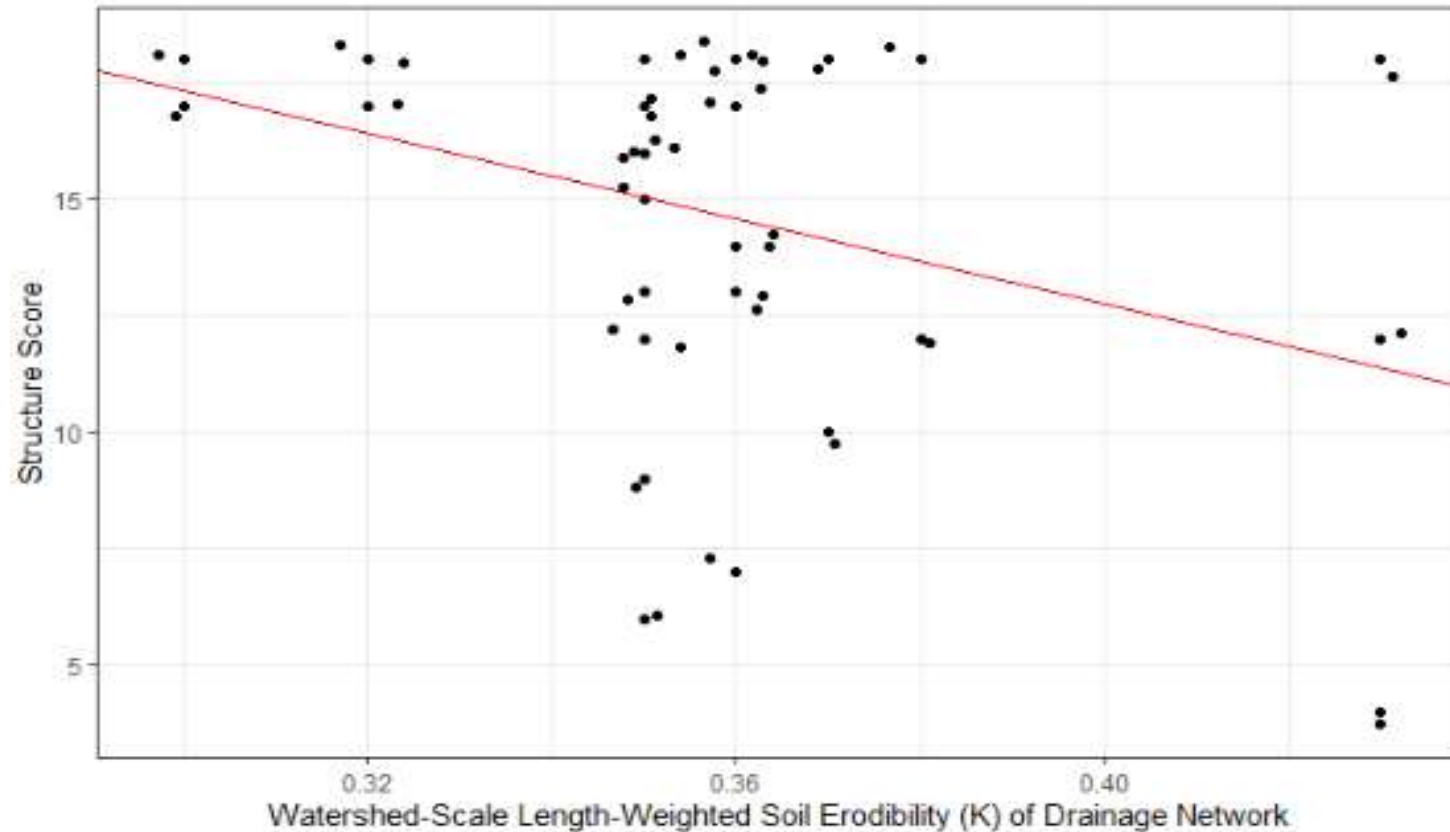


Increased watershed urbanization is correlated to decreased structure performance





Log structure performance is negatively correlated to drainage network streambank erodibility





**Rock bank protection
performance negatively
correlated to bankfull discharge**

Restoration activities have a protective effect on nearby structures

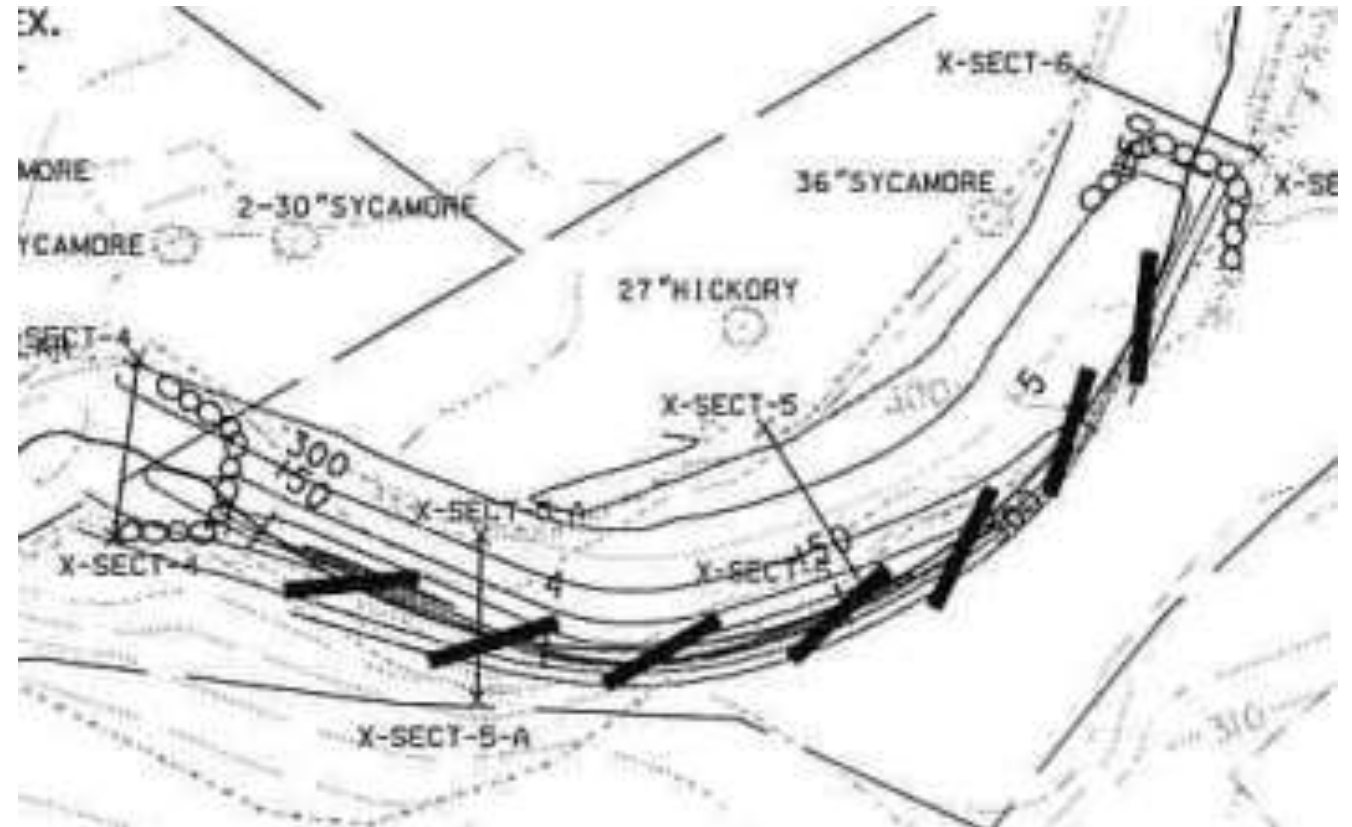
Rock bank protection

- Project length (+)*
- Structure density (+)*

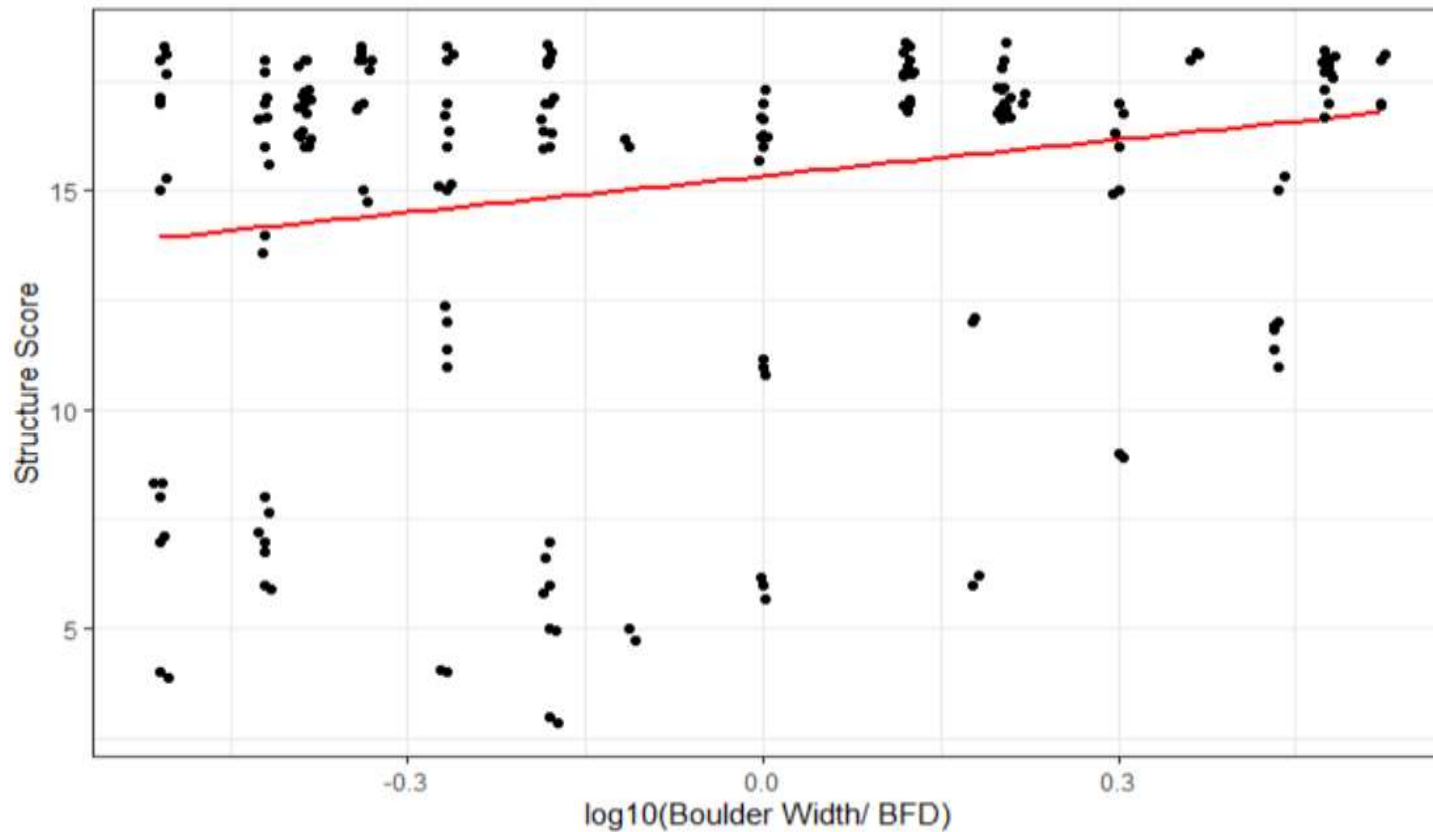
Log partial span vanes

- Proximity to other structures (+)

* 90% of variability explained by project



Rock bank protection performance was positively correlated to boulder size



Stacked bank protection performed better than unstacked bank protection

Stacked

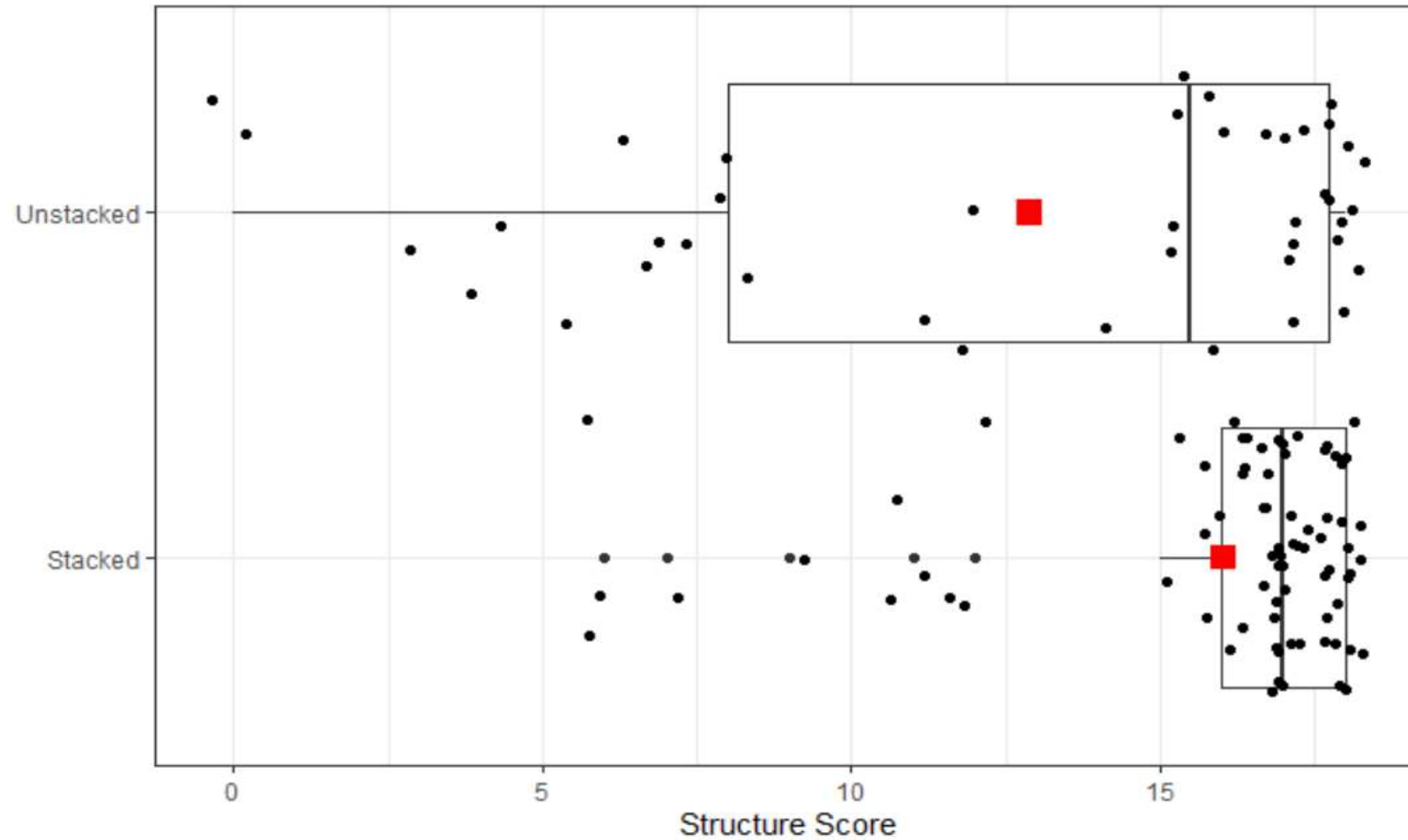


Unstacked

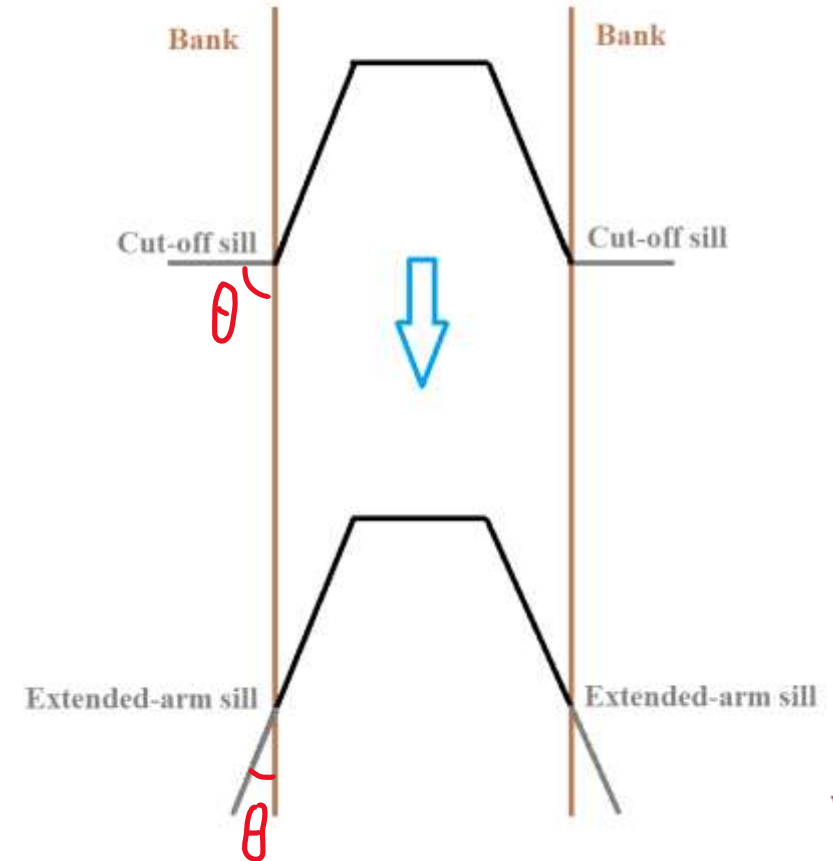
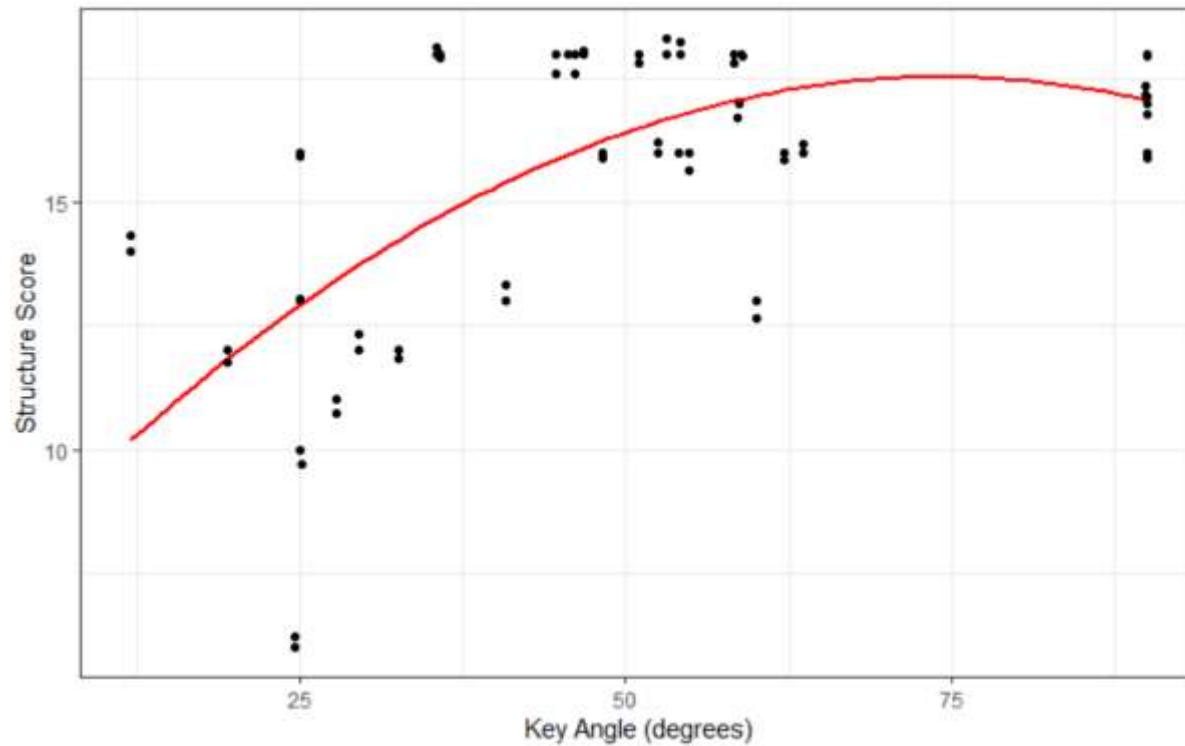




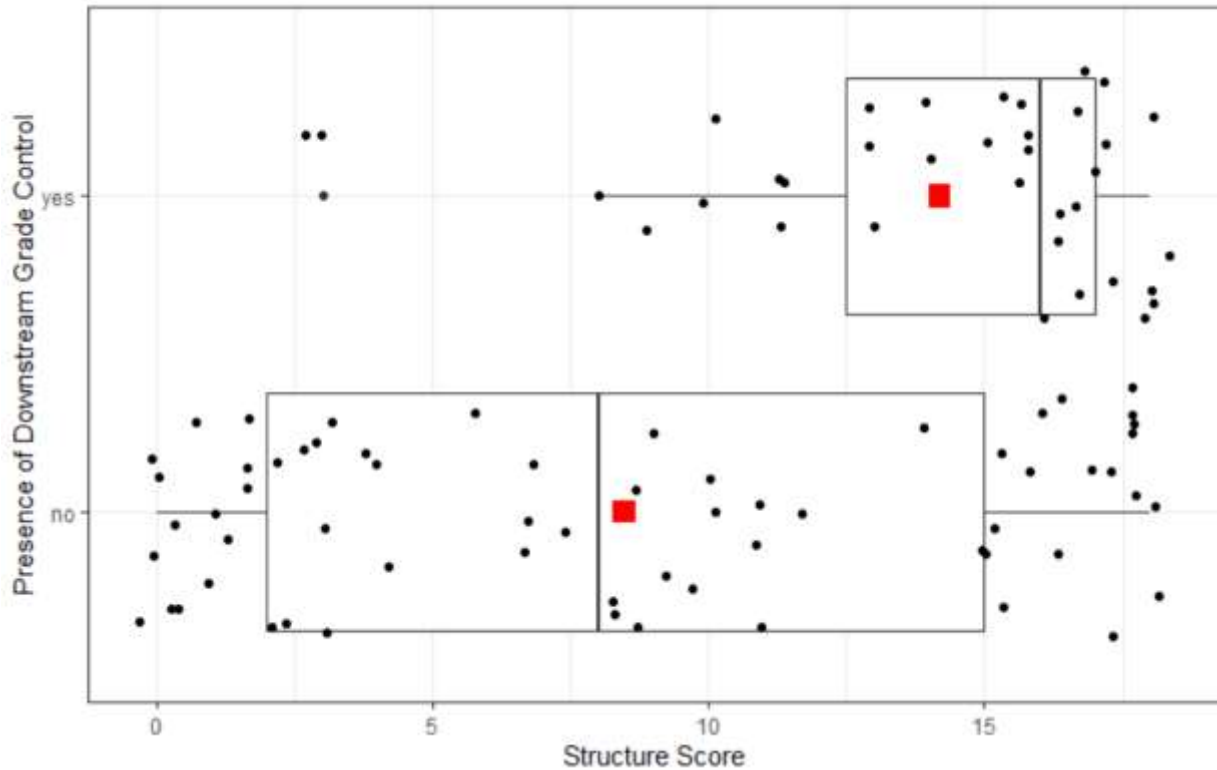
Differences in performance



Full span vane key angles between 35 and 90 degrees correlated with increased performance

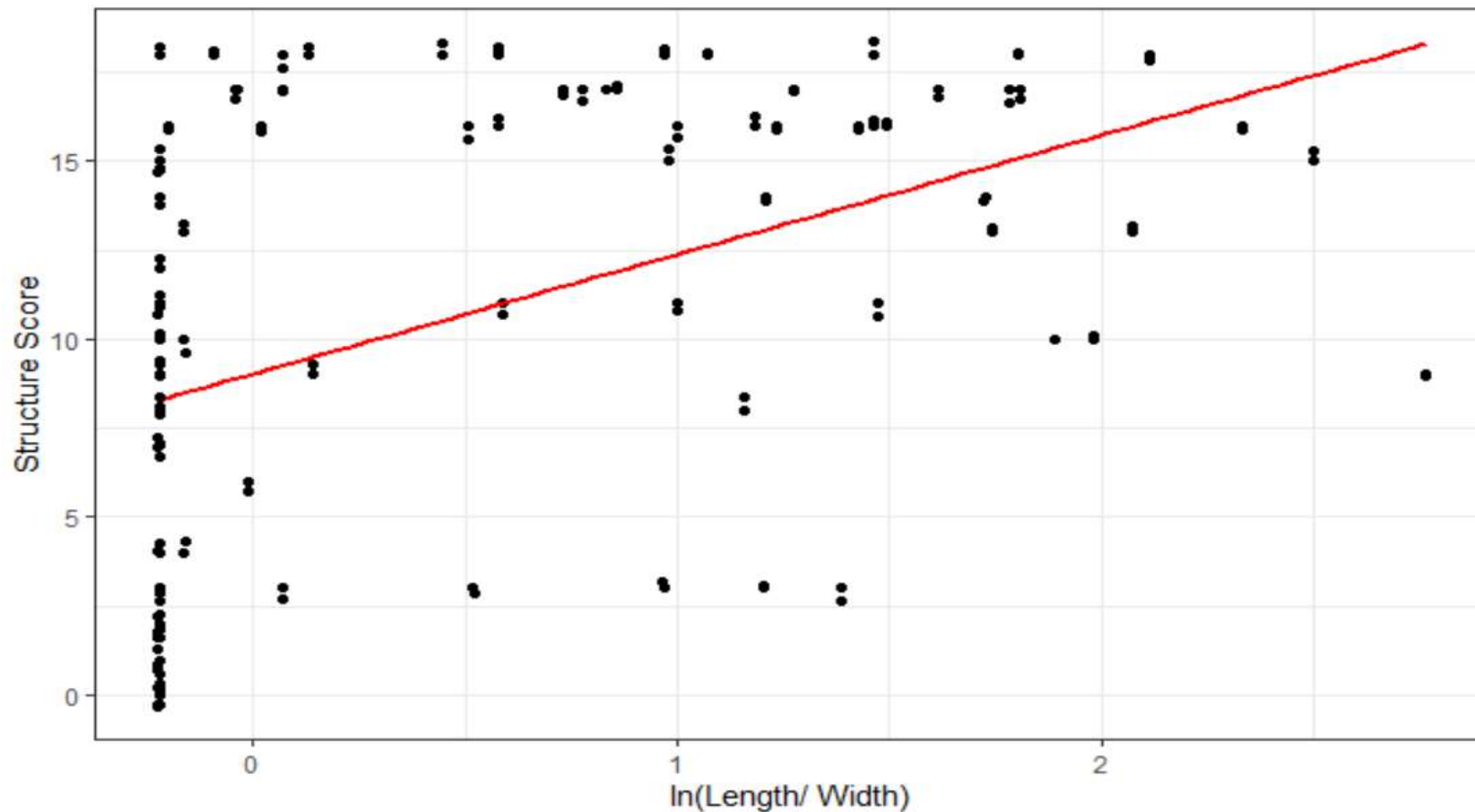


Structure score is positively correlated to downstream grade control for constructed riffles





Constructed riffle scores were positively correlated to the L:W and substrate depth





Conclusion



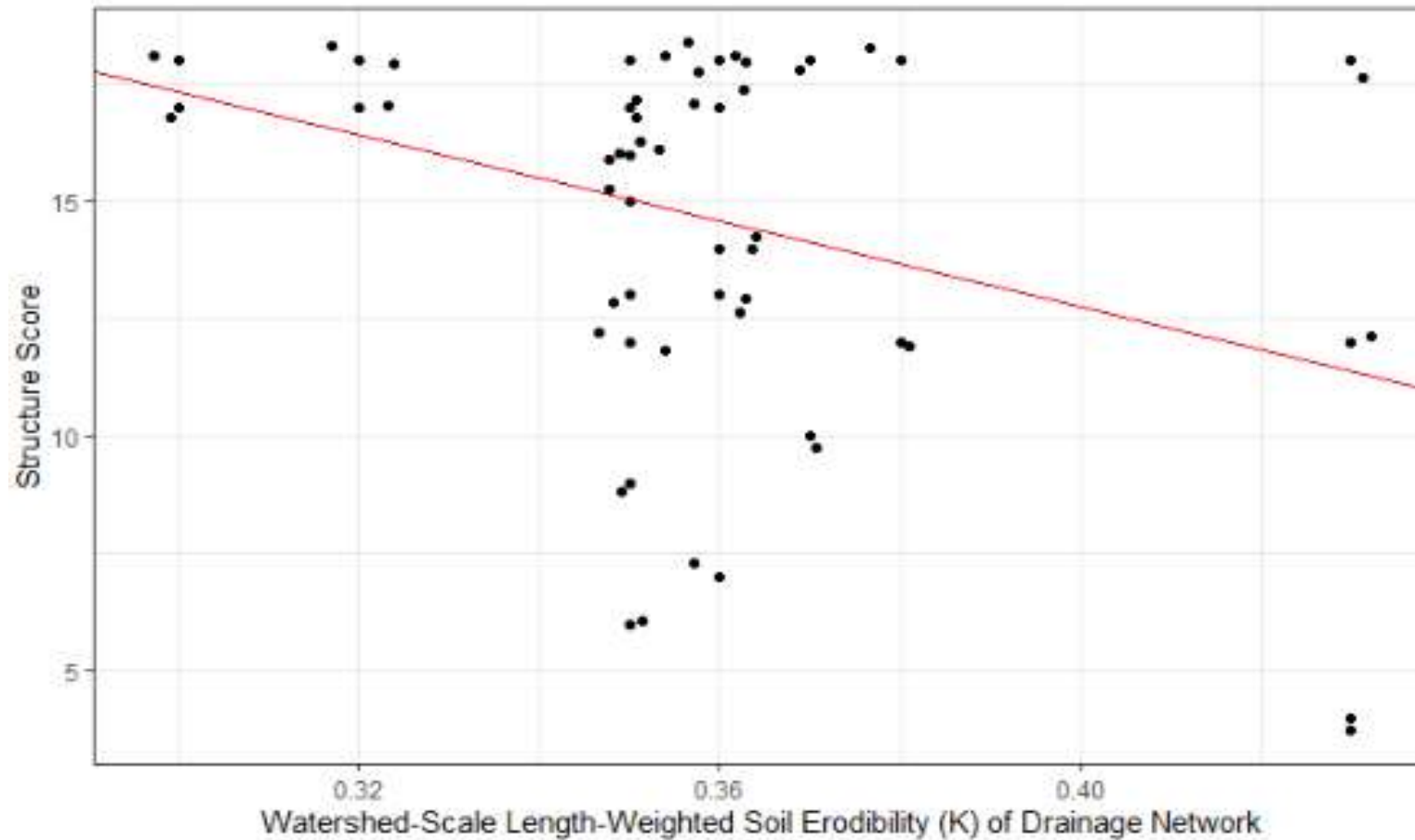
Structure performance is strongly influenced by individual project

- Design quality
- Construction quality
- Maintenance
- Weather during/immediately after construction



Structures performed well over a range of conditions

Example





Design recommendations

- Imbricated rock walls are more stable and provide a greater degree of bank protection than rock toe.
- Vanes should be constructed with bank keys to prevent flanking, ideally angled between 35 and 90 degrees.
- The stability of constructed riffles can be enhanced significantly using downstream grade control.



Study limitations

- Maintenance
- Design drawings vs. construction
- Did not assess ecological improvement/degradation
- Results are only applicable to the Mid-Atlantic US



Future work

- Assess the performance of additional instream structures (for example: BDAs)
- Determine the biological function/ ecosystem value of instream structures
 - Particularly FSV, PSV, RF, SP
- Evaluate structure placement and construction by modeling channel hydraulics and sediment transport



Questions?

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